

# *Gifts and Fruits of the Holy Spirit*

*The Holy Spirit is given to us in the sacraments of baptism and confirmation. God created us to live in holiness and peace. The gifts of the Spirit, if we accept them and use them, lead us to holiness. The fruits of the Spirit are some evidence that we are living according to God's will for us. The list of these fruits is taken from Galatians 5:22-23.*

## *The Gifts of the Holy Spirit*

Wisdom

Understanding

Right Judgment (Counsel)

Courage

Knowledge

Reverence (Piety)

Wonder and Awe in God's presence (Fear of the Lord)

*The names in parentheses are an older translation and more familiar to some.*

## *Fruits of the Holy Spirit*

Charity

Joy

Peace

Patience

Kindness

Goodness

Generosity

Gentleness

Faithfulness

Modesty

Self-control

Chastity